



ECOLE DE BIODANZA SRT MEDITERRANEE

Association CADRE MEDITERRANEE

Formation des Facilitateurs de Biodanza Système Rolando Toro Araneda

Direction : Catherine Charbonnier, Hélène J. Lévy Benseft, Michel Bercher



1st BIODANZA SUMMER UNIVERSITY

Studying Summer is Happy Summer

*" For human beings, whereas perfection inaccessible.
Excellence is. "*

Alejandro Jodorovsky

UNDERSTANDING AND FEELING THE ARQUETIPICAL DIMENSION OF BIODANZA

During these days of full immersion, there will be moments of theory, methodology presentations, group practice, specific vivencias and presentation of specific exercises.

Conducted by

HÉLÈNE JEANNE LÉVY BENSEFT



**This first edition of the Summer University will take place
from 27th to 30th August 2020**

Starting Thursday 14h30 – Ending Sunday 17h00

Hameau de l'Etoile

Route de Frouzet - 34380 Saint-Martin de Londres (France)

Located some 30 minutes North of Montpellier (25 km).

For Accommodation, please contact website : <http://www.hameaudeletoile.com>

Ongoing Training accessible only to Certified Biodanza Facilitators of all levels and to Biodanza Students in the year of Methodology.

Presentation :

The Biodanza School SRT Méditerranée is glad to initiate this year encounters which will take place in the South-East of France and addressed to the Biodanza Facilitators.

We named these encounters « Summer University »

Our objective is to confer our encounters a university level quality and to open, as much as possible, a field of sharing practices, exchanges from which the students can benefit (thanks to their elders) and , and meet didactic teachers in the various fields of study that will be covered by these meetings.

The trainers intervening in the different editions of the Summer University will be invited on the basis of the consistency of their experience in Biodanza, of their contributions in the fields of study in order to support a rich and motivating program. Over the four days of each encounter, we will explore a single theme.

FIRST EDITION OF THE SUMMER UNIVERSITY

For the first edition, the theme will be "Understanding and feeling the archetypal dimension of Biodanza" and will be led by Hélène Jeanne Lévy Benseft.

Content of the training :

These immersion days will present moments of theory, methodological proposals, group practices, targeted vivencias and presentations of exercises.

Theory

- Clarify the notion of archetype (in relation to instinct) and its integration in Biodanza (why we give them a great place in Biodanza).
- Identify the different categories of archetypes, their characteristics, the potentialities they carry, their expression (activated or inhibited).
- Recognize the archetype (manifestations and nuances)
- Activate the archetype by all the proposals of Biodanza

Methodology

- Archetypal "motor expression" - contextualization of movement categories
- Progressive approach according to archetypal categories and vivencia lines in Biodanza
- Application to the process of the weekly group according to the levels (integration and/or deepening)
- Application in workshops/stages
- The archetypal orientation when explaining the exercises

Exercises

- Presentation of basic exercises and their archetypal orientation
- Specific exercises and their archetypal orientation

Group practice and specific movement reading

Supplied material

- Reference documents
- Audio recordings of both theoretical and vivencial moments
- Music (actualization)

Translations

- These will be organized according to the requirement of our participants, in one of the main following languages: English, Spanish, and Italian.

A few more words about this initiative:

In a context of sharing, immersion, practice and participation, these annual meetings aim to provide a space for ongoing education/training. An education, in whatever field of study, is never finished, in the sense that it constitutes a kind of horizon that opens the perspective beyond the limits of the initial knowledge.

The limit is fixed, as a goal can be. Once we arrive, there is the temptation to stop. The horizon only indicates a direction; a "reaching towards" that keeps retreating as we move forward. It then draws an evolutionary process. This is what we want to generate with this project.

We wish to create the best possible conditions to accompany facilitators and to ensure that their practice evolves so that it remains an open space for transmission through discovery, sharing, pooling, questioning too...

The characteristic of a living formation is precisely that it always needs to be revisited in the light of experience and practice. In fact, the practice of facilitation raises new questions and needs that can be answered in a process of ongoing formation.

It will not be, strictly speaking, training in extensions and other applications or specializations of Biodanza, but rather a space for transmission. The contents of these study days will be accompanied by a pedagogy adapted to the needs of the participants. They aim to promote the excellence of our practice in order to consolidate a deep understanding and integration of the foundations and methodology of Biodanza.

Participation in the SUMMER UNIVERSITY will result in the issuance of a CERTIFICATE.

PRACTICAL INFORMATION

HOW THIS IS ACCESSIBLE TO :

This event is addressed to Certified Biodanza Facilitators, Facilitators under supervision, Didactic Teachers and Students in the year of Methodology (with authorization given by their School directors).

PRICE OF THE EVEN (excluding accommodation fees) :

- Inscriptions received until 31st March 2020 : 190 €*
- Inscriptions received after 31st March 2020 : 230 €*

Participation is meant for the entire event. There is no possibility of part time participation.

HOW TO REGISTER YOUR INSCRIPTION :

The following « Registration Form » must be duly completed and send – together with you deposit of 70 € (cheque or copy of bank transfer). You may also choose to pay full amount in one single payment).

Postal Address :

*Ecole de Biodanza SRT Méditerranée
C/o Catherine Charbonnier
615 chemin des Rougières
06510 Carros (France)*

BOOKING YOUR ACCOMMODATION :

Contact direct LE HAMEAU DE L'ETOILE (lien vers le site internet) :

<http://www.hameaudeletoile.com/hebergement-groupes.html>

The accommodation price will depend on your selected options/preferences.

FOR OTHER ADDITIONAL INFORMATION/REQUEST :

Michel Bercher : 06 40 59 30 58 - michel@biodanza-med.com or

Hélène Lévy Benseft : 06 64 84 63 09 - helene@biodanza-med.com or

Catherine Charbonnier : 06 77 86 66 05 - charbonnierca@wanadoo.fr

REGISTRATION FORM TO BE COMPLETED AND SEND TO

Ecole de Biodanza SRT Méditerranée - 615 chemin des Rougières - 06510 Carros (France)

NAME OF THE EVENT: 1^{ère} UNIVERSITE D'ETE

« Understanding and feeling the archetypical dimension of Biodanza »

Date : from 27th to 30th August

Complete name :

Complete Postal Address :

E-mail address :

Cell Phone :

Other phone no.

Didactic or Certified Biodanza Facilitator

Facilitator under supervision/Student in the year of methodology

School _____

*I participate to the « Première Université d'été : « **Understanding and feeling the archetypical dimension of Biodanza** » and I send my Registration Form to :*

Ecole de Biodanza SRT Méditerranée – Chez Catherine Charbonnier - 615 chemin des Rougières - 06510 Carros (France)

*I enclose my deposit cheque of 70€ (beneficiary **CADRE MEDITERRANEE**) (Deposit cheque will only be cashed after the training).*

I enclose copy of Bank Transfer confirmation for the deposit amount of 70 € or full amount :

CADRE MEDITERRANEE – CAISSE D'EPARGNE COTE D'AZUR - Avenue Elise - 06140 VENCE

IBAN : FR76 1831 5100 0008 0039 7389 184

BIC : C E P A F R P P 8 3 1

I acknowledge that I have been informed that any deposit amount will not be refund, except in such cases known as « Force Majeure » according to article 1218 of France Civil Code. <https://www.legifrance.gouv.fr/affichCodeArticle.do?idArticle=LEGIARTI000032041431&cidTexte=LEGITEXT000006070721&dateTexte=20161001>

I will be accommodated at the venue, according to availability at the moment of my booking. Therefore, I take direct contact with Hameau de l'Etoile : <http://www.hameaudeletoile.com/hebergement-groupes.html>

I will be accommodated outside the venue. However it my responsibility of inform Hameau de l'Etoile to register and pay the obligatory daily fee (coffee breaks and access fees) <http://www.hameaudeletoile.com/hebergement-groupes.html>

After this event, I wish to receive a payment receipt, in my own name or name of my company. (indicate name) _____

DATE :

SIGNATURE :
